

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: KST

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verrijken Valerie

Coaches: Reymen Rika

Coaches: Poelmans Julie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 50M BREASTSTROKE MEN 11-12		Heat:2, starttime: 09:06
Heat: 2/3 Lane : 4 Athlete: ADAMS MATHIS		Q-time: 00:49:13
PB (50m pool): 00:49.13 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:49.92 SB: no time		
PB	5 0 M	
	00:49.13	
	00:49.13	
		

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-12		Heat:2, starttime: 09:06
Heat: 2/3 Lane : 5 Athlete: SAZONOV VICTOR		Q-time: 00:50:05
PB (50m pool): 00:51.07 Mol 22/06/2025 PB (25m pool): 00:50.05 SB: no time		
PB	5 0 M	
	00:51.07	
	00:51.07	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 13-14		Heat:1, starttime: 09:09
Heat: 1/6 Lane : 3 Athlete: NIEWENWEG LENTE		Q-time: 00:51:06
PB (50m pool): no time PB (25m pool): 00:51.06 SB: no time		
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

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Event number: 3: 50M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 09:10
Heat: 2/6 Lane : 6 Athlete: VAN MECHELEN LUNA			Q-time: 00:46:25
PB (50m pool): 00:50.08 Antwerp 02/02/2025			PB (25m pool): 00:46.25 SB: no time
	5 0 M		
PB	00:50.08		
	00:50.08		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 13-14			Heat:2, starttime: 09:17
Heat: 2/2 Lane : 6 Athlete: LEYSEN JEROEN			Q-time: 00:31:57
PB (50m pool): 00:31.57 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:34.31 SB: no time
	5 0 M		
PB	00:31.57		
	00:31.57		
			

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:6, starttime: 09:30
Heat: 6/6 Lane : 7 Athlete: DIERCKX ASTRID			Q-time: 01:22:03
PB (50m pool): 01:28.62 Antwerpen 20/07/2025			PB (25m pool): 01:22.03 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.61	01:28.62	
	00:43.61	00:45.01	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11-12			Heat:3, starttime: 09:38
Heat: 3/4 Lane : 4 Athlete: VANDERHALLEN JISSE			Q-time: 01:42:45
PB (50m pool): 01:47.57 Mol 22/06/2025			PB (25m pool): 01:42.45 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.13	01:47.57	
	00:51.13	00:56.44	
			

Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN 11-12			Heat:4, starttime: 09:40
Heat: 4/4 Lane : 4 Athlete: LEYSEN BENJAMIN			Q-time: 01:26:94
PB (50m pool): 01:31.65 Antwerpen 20/07/2025			PB (25m pool): 01:26.94 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.78	01:31.65	
	00:42.78	00:48.87	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:1, starttime: 09:50
Heat: 1/9 Lane : 2 Athlete: BANCIU ADAM			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:3, starttime: 09:54
Heat: 3/9 Lane : 2 Athlete: REYMEN RHUNE			Q-time: 01:16:17
PB (50m pool): 01:24.62 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:16.17 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.51	01:24.62	
	00:39.51	00:45.11	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:4, starttime: 09:56
Heat: 4/9 Lane : 2 Athlete: STABEL JONATHAN			Q-time: 01:13:23
PB (50m pool): 01:16.21 Kortrijk 04/05/2025			PB (25m pool): 01:13.23 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.99	01:16.21	
	00:36.99	00:39.22	
			

Coach feedback:

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Event number: 10: 50M BUTTERFLY MEN 11-12			Heat:1, starttime: 10:12
Heat: 1/5 Lane : 2 Athlete: VANDERHALLEN JISSE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11-12			Heat:3, starttime: 10:14
Heat: 3/5 Lane : 8 Athlete: SAZONOV VICTOR			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11-12			Heat:5, starttime: 10:17
Heat: 5/5 Lane : 3 Athlete: LEYSEN BENJAMIN			Q-time: 00:36:76
PB (50m pool): 00:39.16 Antwerp 26/01/2025 PB (25m pool): 00:36.76 SB: no time			
	5 0 M		
PB	00:39.16		
	00:39.16		
			

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11-12			Heat:6, starttime: 10:46
Heat: 6/6 Lane : 6 Athlete: DIERCKX ASTRID			Q-time: 01:30:27
PB (50m pool): 01:32.40 Antwerpen 20/07/2025 PB (25m pool): 01:30.27 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.10	01:32.40	
	00:44.10	00:48.30	
			

Coach feedback:

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Event number: 14: 100M BUTTERFLY MEN 11-12			Heat:2, starttime: 10:51
Heat: 2/2 Lane : 7 Athlete: ADAMS MATHIS			Q-time: 01:37:13
PB (50m pool): 01:41.32 Antwerpen 13/07/2025			PB (25m pool): 01:37.13 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.82	01:41.32	
	00:45.82	00:55.50	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:2, starttime: 10:55
Heat: 2/9 Lane : 1 Athlete: NIEWENWEG LENTE			Q-time: 01:26:98
PB (50m pool): no time			PB (25m pool): 01:26.98 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:2, starttime: 10:55
Heat: 2/9 Lane : 6 Athlete: VAN MECHELEN LUNA			Q-time: 01:24:18
PB (50m pool): 01:31.31 Mol 22/06/2025			PB (25m pool): 01:24.18 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.33	01:31.31	
	00:43.33	00:47.98	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:3, starttime: 10:57
Heat: 3/9 Lane : 8 Athlete: NIEWENWEG STERRE			Q-time: 01:21:87
PB (50m pool): no time			PB (25m pool): 01:21.87 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:1, starttime: 11:09
Heat: 1/8 Lane : 2 Athlete: BANCIU ADAM			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:2, starttime: 11:11
Heat: 2/8 Lane : 2 Athlete: STABEL JONATHAN			Q-time: 01:32:09
PB (50m pool): 01:32.85 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:32.09 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.89	01:32.85	
	00:43.89	00:48.96	
			

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:3, starttime: 11:14
Heat: 3/8 Lane : 5 Athlete: REYMEN RHUNE			Q-time: 01:26:66
PB (50m pool): 01:31.74 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:26.66 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.33	01:31.74	
	00:43.33	00:48.41	
			

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:6, starttime: 11:20
Heat: 6/8 Lane : 2 Athlete: LEYSEN JEROEN			Q-time: 01:19:24
PB (50m pool): 01:22.02 Kortrijk 04/05/2025 PB (25m pool): 01:19.24 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.98	01:22.02	
	00:39.98	00:42.04	
			

Coach feedback:

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Event number: 17: 50M BUTTERFLY WOMEN 11-12		Heat:8, starttime: 11:36
Heat: 8/8 Lane : 6 Athlete: DIERCKX ASTRID		Q-time: 00:36:21
PB (50m pool): 00:37.09 Antwerpen 20/04/2025 PB (25m pool): 00:36.21 SB: no time		
	5 0 M	
PB	00:37.09	
	00:37.09	
		

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 11-12		Heat:2, starttime: 11:38
Heat: 2/2 Lane : 1 Athlete: VANDERHALLEN JISSE		Q-time: 00:48:32
PB (50m pool): 00:48.32 Mol 22/06/2025 PB (25m pool): 00:56.50 SB: no time		
	5 0 M	
PB	00:48.32	
	00:48.32	
		

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 11-12		Heat:2, starttime: 11:38
Heat: 2/2 Lane : 4 Athlete: ADAMS MATHIS		Q-time: 00:40:56
PB (50m pool): 00:43.62 Kortrijk 04/05/2025 PB (25m pool): 00:40.56 SB: no time		
	5 0 M	
PB	00:43.62	
	00:43.62	
		

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 11-12		Heat:2, starttime: 11:38
Heat: 2/2 Lane : 5 Athlete: LEYSEN BENJAMIN		Q-time: 00:40:96
PB (50m pool): 00:43.03 Mol 22/06/2025 PB (25m pool): 00:40.96 SB: no time		
	5 0 M	
PB	00:43.03	
	00:43.03	
		

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: KST

Event number: 19: 50M BACKSTROKE WOMEN 13-14		Heat:1, starttime: 11:40
Heat: 1/2 Lane : 1 Athlete: NIEWENWEG STERRE		Q-time: 00:47:57
PB (50m pool): no time		PB (25m pool): 00:45.77 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13-14		Heat:1, starttime: 11:40
Heat: 1/2 Lane : 8 Athlete: NIEWENWEG LENTE		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback: